

OCCUPATIONAL THERAPY

LIFE AFTER A STROKE

RELEARN, ADAPT, THRIVE

We provide services to help you participate in all of the activities you want to be able to do.

- **Be as independent as possible if one side is paralyzed**
 - One-handed techniques
 - Adaptive equipment
- **Increase your safety in your home**
 - Conduct a full evaluation to identify your skills, strengths, and deficits, and create a therapy program based on your needs and preferences
- **Increase your strength and endurance**
 - Improve function, strength, and endurance through activities that are meaningful to you
- **Get around in your community**
 - Improve needed skills for transportation, shopping, and social outings
- **Adjust for problems with memory, confusion, and concentration**
 - Problem-solving, environmental modifications, compensatory strategies

Now Offering Adult Neurological Rehabilitation

**Contact us to schedule an evaluation:
340-473-5924 jstherapies.com**

