

## OCCUPATIONAL THERAPY

# LIFE AFTER A BRAIN INJURY

## RELEARN, ADAPT, THRIVE

We provide services to help you participate in all of the activities you want to be able to do.

- Providing memory compensation techniques
- Developing schedules and routines
- Identifying & providing environmental adaptations
- Re-training social skills
- Re-training attention
- Training memory and executive functioning skills
- Training and adaptations for dressing, bathing, and grooming
- Training and assistance to complete tasks such as: shopping, meal preparations, managing finances, caring for family
- Engaging in leisure activities
- Facilitating adaptations in the workplace

**Now Offering Adult Neurological Rehabilitation**

Contact us to schedule an evaluation:  
**340-473-5924** [jstherapies.com](http://jstherapies.com)

